

Gravel Hill PE and Maintaining Social Distancing Activities –Policy May 2020



In light of the need for children to be taught and organised differently, when they return to school, the following measures have been put in place during PE lessons. It is an expectation that all staff will familiarise themselves with the PE and Maintaining Social Distancing Activities document to have an understanding of its significance and necessary adaptations.

Gravel Hill Primary School is firmly committed to ensuring pupils can participate in purposeful physical education and physical activity at this time. Teaching physical education at the moment will not be like before, or the preferred model. However, by making adaptations we believe some meaningful work can be undertaken if it is planned well and protective measures and social distancing are applied consistently. We will ensure that pupils are regularly informed about what good hygiene is and how this must be practiced.

*Please refer to the School reopening Covid-19 risk assessment for further details.

* We will continually refer to current advice published by the AfPE to support the delivery of Physical Education, School Sport and Physical Activity in a safe and supported manner.

*We will use the Youth Sports Trust resources to ensure PE is delivered in a safe manner.

Key principles for supporting PESSPA:

Clean frequently touched surfaces

- Designated staff will be washing and sanitising resources and equipment
- Frequently touched surfaces will be cleaned throughout the day with disinfectant. These include: surfaces, toys, books, chairs, door handles, desks, light switches, classroom sinks, bannisters and PE equipment.
- School to promote to all staff and pupils in an appropriate manner good respiratory hygiene practises as typified by the NHS campaign “Catch it, Kill it, Bin it”. This should be repeated frequently.

Wash hands frequently as part of a clear hygiene regime

- Children will wash their hands before and after the PE lesson.
- Hand sanitiser is readily available for pupils to use throughout the day, in addition to regular handwashing.
- Staff and pupils are reminded to wash their hands on a frequent and regular basis using the approved “20 second” method.
- Teaching staff are expected to supervise children in a manner appropriate to the age group to ensure that they wash their hands using the approved “20 second” method on a frequent basis
- All staff must ensure that pupils are only using their designated toilet areas and washing hands after using the facilities.

Minimise contact

- Social distancing of 2-metres between persons to be maintained at all times
- A maximum of 10 pupils will be placed in a bubble with the exception of EYFS. 8 Children will be placed in Nursery and Reception bubbles. 10 pupils per bubble who remain in the same bubbles each day throughout the week - Year 1
- 8 Children per bubble who remain in the same bubbles each day throughout the week – N, R
- 2 members of staff allocated to each bubble throughout the week, wherever possible, in order to minimise spread of virus
- Staggered movements around the building are in place.
- The organisation and timings of lessons will be planned on a whole school timetable, which will be staggered throughout the day with clear entry and exit access points. This will help to limit risks and limit movement around the buildings. Children will be escorted by an adult at all times when transitioning.

Ensure good respiratory hygiene

- School to promote to all staff and pupils in an appropriate manner good respiratory hygiene practises as typified by the NHS campaign “Catch it, Kill it, Bin it”. This should be repeated frequently.
- First aid guidance must be adhered to.

Implications for the school

- Activities taking place in PE lessons and Physical activity sessions will be strictly non-contact. Each activity will be clearly explained to the children so that these conditions can be adhered to.
- PE lessons will be taught outside. The teaching emphasis for the summer term will be upon building and maintaining physical fitness and improving athletics skills through a range of activities.

- Activities will ensure that race, disability and the impact of staff and pupils with protected characteristics will have been considered.
- The organisation and timings of lessons will be planned on a whole school timetable, which will be staggered throughout the day with clear entry and exit access points. This will help to limit risks and limit movement around the buildings. Children will be escorted by an adult at all times when transitioning.
- Safety measures and posters will be displayed around school.
- Sufficient tissues will be available for ensuring good respiratory hygiene – ‘catch it, bag it, bin it’ approach.

PE Kit

- All children will attend school wearing their PE kit for the whole day on their designated PE days therefore limiting the need to use changing rooms.

The Teaching of PE.

- All PE will be taught outdoors PE to support social distancing.
- Social distancing measures will be applied and clearly marked out areas to help manage children and areas effectively.
- Pupils will work in their own marked out zone.
- All lesson activities will adhere to the social distancing rules in place at the time of delivery.
- Team games involving contact are currently not possible.
- Reduced class sizes: EYFS a maximum of 8 pupils and 10 pupils for KS1 and KS2

PE equipment

- Equipment will need to be cleaned after each use.
- Equipment use will be timetabled in order to factor in cleaning time between uses.
- Hand washing routines will mean more equipment is available to pupils, however, the use of sharing of equipment will be discouraged to mitigate against virus transmission.